



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# TODAY'S TIP



Day 25



## FAMILY HUDDLE

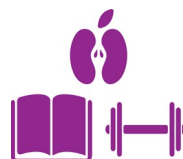
### Straw Airplanes

Make airplanes out of straws with Professor Bug from the YMCA of Greater Nashua in New Hampshire.

Grab tape, construction paper, and straws to get started.

Wait till you see your creation fly!

Watch at [youtu.be/Ve\\_uS1F64LA](https://youtu.be/Ve_uS1F64LA)



## HEALTHY SPIRIT, MIND, AND BODY

### Being Active While Social Distancing

Keep yourself and your children active while practicing social distancing:

- Have a skipping competition
- Challenge your child to teach you a new skill or activity they learned in gym.
- Play Twister

Get more ideas at

[rte.ie/brainstorm/2020/0314/1123222-children-active-playing-social-distance-coronavirus-lockdown/](https://rte.ie/brainstorm/2020/0314/1123222-children-active-playing-social-distance-coronavirus-lockdown/)



## MORE ACTIVITY, MORE FUN

### Shadow Fun

- On a sunny day, head outside to a driveway, walkway, or other stone surface.
- Stand with your back to the sun.
- Have someone trace your shadow with chalk.
- Switch places and you draw your partner's shadow.
- Draw a silly face on your shadow and color in the rest of your body.



## HOMEWORK HELPER

### Civics and Current Events With PBS Newsroom

Use these teacher-produced resources and lesson plans to create your own packets for students.

Find resources on topics like current events, super civics 2020 election collection, invention education, and more.

Visit

[pbs.org/newshour/extra/2020/03/pbs-newshour-classroom-resources-for-students/](https://pbs.org/newshour/extra/2020/03/pbs-newshour-classroom-resources-for-students/)